



ROCKY MOUNTAIN INSIGHT

Ease your body and mind with a weekend, silent, retreat at the Franciscan Retreat Center located at Mount St. Francis.

SPRING 2012
MEDITATION RETREAT
APRIL 27-29

LED BY DR. LUCINDA GREEN



For more information about Rocky Mountain Insight
www.rockymountaininsight.org

For more information about Franciscan Retreat Center
www.franciscanretreatcenter.org

Cost \$185

(Includes shared room and meals)

Registration due April 10
\$80 Deposit due at time of registration

Questions?
Contact Pat Byrne
flowermum27@yahoo.com
719.687.6081

If you have never attended a silent meditation retreat before, you are in for a moving experience. A silent retreat is a rare and precious opportunity to focus solely on the most earnest questions of the heart and to spend some days in silence in a beautiful, natural setting.

Please return the bottom portion along with deposit to register

Name _____

Address _____

Home Phone _____

Work Phone _____

Cell Phone _____

E-mail Address _____

Preferred method to contact(circle one):

E-mail or Phone(Specify) _____

Previous retreat experience? Yes _____ No _____

Please mail to:

Pat Byrne
1125 Sundance Street
Woodland Park, CO 80863

Please make checks payable to:
Rocky Mountain Insight or RMI

